



# HEAT PREPAREDNESS CHECKLIST

## EHS North America Business Program – Heat Safety

### Appendix A

The following table can be used as a guide or supplement when completing a hazard assessment (eg. FLHA), or when filling out a permit to verify the work group is prepared for the heat.

Checklist		✓
<b>Job Plan / Work Rotation</b>	Use fans to increase air flow	
	Shade the work area	
	Alternate heavy exertion tasks between workers	
	Complete heavy work during cooler part of the day	
	Designated rest area available (air conditioned or shade)	
	Schedule additional breaks as needed	
	Assign buddies for symptom monitoring	
<b>Water</b>	There is plenty of fresh, cool drinking water located as close as possible to the workers.	
	Water coolers are refilled throughout the day.	
<b>Training</b>	Workers know:	
	The signs and symptoms of heat illness	
	The proper precautions to prevent heat illness	
	The importance of acclimatization	
	The importance of drinking frequently (even when not thirsty)	
	The steps to take if someone is having a problem	
<b>Emergencies</b>	Everyone knows who to notify if there is an emergency	
	Workers can explain their location if they need to call for assistance	
	Everyone knows who can provide first aid	
<b>Worker Reminders</b>	Drink water often as well as after work hours	
	Rest in the shade	
	Report heat symptoms early	
	Know what to do in an emergency	